













2023 NPC TRI-CITY CLASSIC PRO-A.M. and FITNESS EXPO 31 MARCH- 2 APRIL 2023 COLUMBUS CONVENTION and TRADE CENTER

ORDER OF EVENTS

THURSDAY 30 MARCH:

Fit Model Search check-in 5-7 P.M. (Columbus Marriot)

FRIDAY 31 MARCH

Vendors set up (Trade Center)

FIT MODEL ONLY

4 P.M. **MANDATORY** meeting (Trade Center Central Hall)
5 P.M. Prejudging (Trade Center)
7 P.M FINALS

31 MARCH IFBB PRO

12-2 P.M. IFBB PRO Athletes check-in (Columbus Marriott)

FEMALES ONLY (12P.M.-1P.M.) MALES ONLY (1P.M.-2P.M.)

31 MARCH NPC Check-In 2 P.M.-4 P.M. PREJUDGING and FINALS IFBB PRO WOMEN ONLY

4-6 P.M. Prejudging IFBB Pro's (Trade Center)
6-7 P.M. Finals IFBB Pro's (Women Only)
Wellness Masters
Bikini Masters
Figure Masters
Figure Open











SATURDAY 1 APRIL

7A.M. NPC Mandatory Athletes meeting (Trade Center)
8A.M.-10A.M. IFBB Pro Men Prejudging (Trade Center)
Classic Physique Masters
Men's Physique Masters
Men's Physique Open

FITNESS EXPO - 9A.M.- 5 P.M. (Trade Center)

10 A.M.-1 P.M. NPC Prejudging (or immediately following IFBB Pro) Men & Women

1P.M.-3P.M. Staff Lunch/ Break
3 P.M. Athlete Finals meeting (**NPC Athletes only at Trade Center**)
4 P.M.-6 P.M. Finals IFBB Pro Men (Trade Center)
6 P.M. Finals NPC (or immediately following IFBB Pro Men at Trade Center)

SUNDAY 2 APRIL

9 A.M. Fitness Expo (Trade Center)