













# 2023 NPC TRI-CITY CLASSIC PRO-A.M. and FITNESS EXPO 31 MARCH- 2 APRIL 2023 COLUMBUS CONVENTION and TRADE CENTER

## ORDER OF EVENTS

## **THURSDAY 30 MARCH:**

Fit Model Search check-in 5-7 P.M. (Columbus Marriot)

## FRIDAY 31 MARCH

Vendors set up (Trade Center)

## FIT MODEL ONLY

10A.M. Athletes meeting (Columbus Marriott) 11 A.M.-2 P.M. Prejudging (Trade Center)

#### 31 MARCH IFBB PRO

12-2 P.M. IFBB PRO Athletes check-in (Columbus Marriott)
FEMALES ONLY (12P.M.-1P.M.)
MALES ONLY (1P.M.-2P.M.)

# 31 MARCH NPC Check-In 2 P.M.-4 P.M.

# PREJUDGING and FINALS IFBB PRO WOMEN ONLY

4-6 P.M. Prejudging IFBB Pro's (Trade Center) 6-7 P.M. Finals IFBB Pro's (Women Only)

Wellness Masters

Bikini Masters

Figure Masters

Figure Open

# MANDATORY MEETING FIT MODEL SEARCH

6 P.M. Finals Meeting Fit Model Search (Trade Center)
7 P.M. Finals Fit Model Search











# **SATURDAY 1 APRIL**

7A.M. NPC Mandatory Athletes meeting (Trade Center)
8A.M.-10A.M. IFBB Pro Men Prejudging (Trade Center)
Classic Physique Masters
Men's Physique Masters
Men's Physique Open

5K RUN -8A.M. FITNESS EXPO - 9A.M.- 5 P.M. (Trade Center)

10 A.M.-1 P.M. NPC Prejudging (or immediately following IFBB Pro)
Men & Women

1P.M.-3P.M. Staff Lunch/ Break
3 P.M. Athlete Finals meeting (**NPC Athletes only at Trade Center**)
4 P.M.-6 P.M. Finals IFBB Pro Men (Trade Center)
6 P.M. Finals NPC (or immediately following IFBB Pro Men at Trade Center)

## **SUNDAY 2 APRIL**

9 A.M. Fitness Expo (Trade Center)